

D-PREP Presents

Peer Support - Basic Course

24 hours / Three days / Tuition \$345

**POST Plan IV Course #7290-22650-22001
STC Cert.# 887-70918**

DATE & TIME: September 20 - 22, 2022 Tue. – Thur. 0800-1700 Hrs.

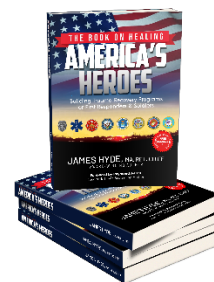
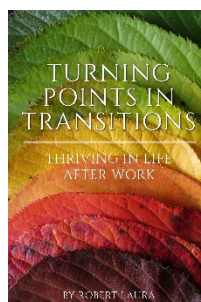
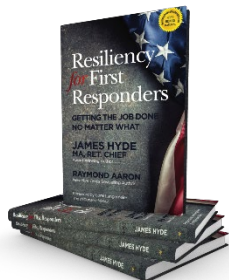
**LOCATION: SHIELD Regional Training Center
4300 Caterpillar Rd.
Redding, CA, 96003**

DESCRIPTION: A three (3) day course designed as a skill building module for the new peer support team member. The course will provide a comprehensive review of first responder peer support best practices along with in-depth discussions on some of the new concepts in this critical area. Presented from the practitioner's perspective through interactive discussion, practical exercises and specific case studies examining real challenges peer supporters have faced when supporting others. Our experienced instructors have extensive knowledge in trauma recovery, program building, along with many years of training experience across the country. This is a great opportunity to learn contemporary peer support practices.

TOPICS: Critical Incidents & Impacts // Personality Styles // Active Listening Skills // The Development of a Peer Support Unit // Dynamics of the First Responder Career // Substance Abuse Approaches // The First Responder Family Portrait // Grief Support // Assisting Relationships // Workforce Trends // Best Practices of Peer Support // Peer Support Responses // Case Studies // Scenarios // Program Building.

REGISTRATION: <https://www.eventbrite.com/e/basic-peer-support-course-registration-313662602287>

Or visit our web site: www.dprep.com Or call us 916-205-3691



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Presenters:

Jim Hyde, Author, Co-Founder of "PeerSupportCentral.com"

Jim has 31 years of law enforcement experience with four California police departments. He is the past president of the First Responders Support Network and a co-founder of the West Coast Post-trauma Retreat (California). The WCPR is a trauma treatment program for emergency service professionals from Guam to London. Jim was the co-coordinator of the Sacramento Police Department's Peer Support Program for 14 years. He has taught and developed peer support programs for first responder agencies throughout the country for the past 28 years. He is a member of the Sacramento Regional Critical Incident Stress Debriefing Team and the International Critical Incident Stress Foundation.

For 15 years, Jim has provided trauma recovery consulting to the California National Guard by helping to develop a peer support program for National Guard soldiers deploying to and returning from the Middle East. He has worked with the Department of Defense to expand the California National Guard's Combat Stress Peer To Peer Program nationwide. He has twice been a presenter at the Department of Defense/VA National Suicide Prevention Conference. Jim is a graduate of the California National Guard's Officer Candidate School, later an OCS instructor, and a Combat Life Saver instructor. He is the recipient of the California National Guard's Medal of Merit and also a recipient of the Association of the United States Army's Patrick Henry Distinguished Service Award.

He has a Bachelor of Science Degree in Criminal Justice from the University of South Dakota, a Master's Degree in Clinical Psychology from the Professional School of Psychology, Sacramento. He is a graduate of the University of Southern California's Delinquency Control Institute. He is also a graduate of the Senior Management Institute for Police sponsored by the Kennedy School of Government, Harvard University, and the Police Executive Research Forum. Jim is a certified Executive Coach and Retirement Coach. He has taught contemporary policing issues for the State of California's Law Enforcement Executive Development Program and the Management Development course. Jim was a presenter at the UN Peace Conference in The Hague, Netherlands.

Susan Feenstra, Co-Founder of "PeerSupportCentral.com"

Sgt. Feenstra was one of the original founders of the Sacramento Police Department's Peer Support Program and was the Program Coordinator for 28 years. She is referred to as the "Mother Teresa of the Sacramento Police Department." She has helped guide numerous law enforcement and military organizations in building and expanding peer support programs across the country. Sgt. Feenstra has a Bachelor of Arts Degree from California State University, Sacramento.

Sgt. Feenstra is one of the founding members of the Sacramento Police Department's Problem Oriented Policing Program. She has received numerous awards for her innovative work as a Problem Oriented Policing sergeant and officer, including a community policing award from the California Attorney General. Sgt. Feenstra is a past recipient of the Sacramento Community Hero's Award and the California Molina Community Health Outreach Award for co-founding the C.A.S.H. Program, an outreach program to help women out of a life of street prostitution and drug addiction. She has received 3 Distinguished Service Medals for her program building talents over her 33-year career. Susan is a past recipient of the California Woman Peace Officer of the Year, the California Jaycee's Award, and the YWCA's Law Enforcement Officer of the Year. She currently teaches peer support courses across the country. Sgt. Feenstra is also a member of the Sacramento Regional Critical Incident Stress Debriefing Team and the International Critical Incident Stress Foundation.