



**CRITICAL INCIDENT
STRESS MANAGEMENT**
www.icisf.org

PEER SUPPORT
the "How To's" of
ASSISTING
INDIVIDUALS IN CRISIS

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COURSE DESCRIPTION

Peer Support and helping those exposed to a Critical Incident or Crisis is NOT psychotherapy; rather, it is a specialized acute intervention, which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called, "emotional first aid" or "psychological first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention and peer support. It is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Crisis Intervention, Disaster Response, and Traumatic Stress. The course provides training on Active Listening for one-on-one interventions, the benefits of PEER Support, and a brief overview of the Critical Incident Stress Debriefing (CISD) process. This course is for Peer Support, First Responders, Church staff, medical staff, and anyone interested in assisting those exposed to a critical incident, trauma or a crisis.

Course is lecture and active group participation. Attendees will receive a certificate with 1.3 CEU Contact Hours from the University of Maryland.

SCHEDULE:

March 31 & April 1, 2022

HOURS:

9:00 a.m. – 5:00 p.m. both days

LOCATION:

SHIELD TRAINING CENTER
4300 Caterpillar Road; Redding 96003

PAYMENT:

\$195 *PAYMENT DUE BY MARCH 25, 2022*

RESERVATIONS:

Contact: Kamari Zoll

SHIELD TRAINING CENTER

Phone: 530.242.7607

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CLASS SPACE IS LIMITED.
NO REGISTRATION AFTER:
MARCH 25, 2022